第二十五屆全澳英語演講大賽暨
「21 世紀杯」全國英語演講大賽澳門分區賽
The 25th Macao-wide English Speech Contest &
"21st Century Cup" National English Speaking Competition
Macao Regional Contest

比賽注意事項

1. 為體現公平原則，參賽者於比賽當天不得穿戴任何可以識別其學校、高校或課程的物件（如校服、徽章、運動服、帽子），否則有可能被取消資格。
2. 每組參賽者之出場次序按姓氏之外文首個字母順序排列。
3. 所有參賽者必須按照所屬組別的報到地點及時間，準時到達會場登記。任何未能按時到達比賽現場和未能及時報到的參賽者將被取消參賽資格。
4. 參賽者須於比賽當天出示有效的身份證或護照正本以進行報到。高校組的參賽者需出示有效之學生證以證明其為本澳全日制學士學位課程學生。未能出示有效身份證明文件正本的參賽者將有可能被取消參賽資格。
5. 參賽者於報到時將收到大會給予之掛牌，請務必立即戴上直至完成比賽。任何人未能出示其掛牌將不能進入等候區。完成比賽後掛牌須歸還給工作人員。
6. 各參賽者報到後，請於等候室等候，聽從工作人員之召集準備上台比賽。若工作人員屆時在集合地點找不到參賽者，即被視為取消資格論。
7. 為免抄襲行為，凡未到台上進行演講之參賽者，均不能進入比賽會場內觀看其相同組別之參賽者表演，唯主辦單位職員指示及安排參賽者於表演前在場內等候出場除外。組委會保留對參賽者進行監督的權利。
8. 參賽者不得攜帶任何物品上台，於演講中亦不得使用筆記、提示卡、視覺輔助工具或任何類型的道具。
9. 當參賽者演講時，不得提及其就讀學校、高校或課程之名稱，否則將被扣分或有可能被取消資格。
10. 參賽者須遵守其演講之時限要求。大會將於**初小組、高小組、初中組及高中組**演講時間屆滿前 30 秒舉牌示意，於**高校組**演講時間屆滿前 2 分鐘及 30 秒分別舉牌示意。所有組別的演講時間屆滿時，大會將以鈴聲示意。當鈴聲響起後，參賽者須及時完成演講，否則將會被扣分。
11. 本屆大賽不設問答環節及即席演講環節，參賽者按各組別之題目於限時內完成已備演講後可直接離開舞台。
12. 6 歲以下之小童不得進入比賽會場。
13. 任何人都不得攜帶食物或飲品進入比賽會場（樽裝水除外）。

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Important Information for the Contest

1. To avoid partiality in judgment, contestants must not wear anything that can identify their school, higher education institution or programme (e.g. item of school uniform, badge, sweatshirt, cap, etc.), otherwise they risk disqualification.
2. The sequence of the contestants in each contest follows the alphabetical order of their surnames.
3. All contestants must arrive on time at the designated registration location and complete the registration according to their respective groups. Failure to report and register on time will result in disqualification from the contest.
4. All contestants must bring with them their original ID card or passport for verification on the day of the competition. Contestants in the Higher Education Category must also bring with them their current valid student ID card as proof of being a full-time bachelor's degree student in Macao. Any contestant who fails to show their original ID document(s) risks being disqualified.
5. Upon receiving name tags when registering, contestants should wear them immediately and throughout the competition. Anyone not wearing their name tag will not be allowed to enter the waiting area. Contestants must return the name tags to the staff after the competition.
6. After registration, contestants should stay inside the designated gathering area waiting for staff instructions to prepare to go on stage. Contestants who are not present at the designated gathering area when called will be deemed to be disqualified.
7. In order to avoid plagiarising (or otherwise copying from) another contestant, those contestants who have not yet performed on stage are not allowed to enter the venue to watch or listen to other contestants' speeches from the same category. This is only permitted when contestants are specifically instructed and arranged by the Organising Staff as part of the contestants' waiting order before their performance. The Organising Committee reserves the right to supervise the contestants at all times.
8. Contestants are not permitted to take anything with them onto the stage. Notes, cue cards, visual aids or any type of props are not allowed during speeches.
9. During their speech, the contestants must not mention the name of their school, higher education institution or programme of study, otherwise marks will be deducted and they risk disqualification.
10. Contestants are kindly requested to observe the time limit for their speech. Contestants in the **Lower Primary**, **Upper Primary**, **Junior High** and **Senior High** categories will be alerted (a sign will be held up) when there are 30 seconds left. Contestants in the **Higher Education Category** will be alerted (a sign will be held up) when there are 2 minutes left, and when there are 30 seconds left. A bell will ring at the end of the speech time limit to tell the contestants in all categories that time is up. When the bell rings, the contestant must finish their speech promptly, otherwise marks may be deducted by the judges.
11. This year's competition will not include a Q&A session or an impromptu speech segment. After completing their prepared speech within the time limit for their category, participants may leave the stage directly.
12. Children under school age (under 6 years old) are not allowed to enter the venue of the Contest.
13. No food or drinks are allowed to be brought into the venue of the Contest (except bottled water).

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比賽安排

日期：　2026 年 10 月 24 日 (星期六)
地點：　澳門理工大學禮堂及匯智樓 1 號演講廳

高校組比賽 - 09:30 ~ 11:00
報到時間及地點
09:00~09:10, 禮堂 – 登記櫃枱

初小組比賽 - 11:20 ~ 12:40
報到時間及地點
10:50-11:00 (出場順序 No. 1~11), 禮堂 – 登記櫃枱
11:20-11:30 (出場順序 No. 12~22), 禮堂 – 登記櫃枱

高小組比賽 - 14:30 ~ 16:30
報到時間及地點
14:00-14:10 (出場順序 No. 1~14), 禮堂 – 登記櫃枱
14:40-14:50 (出場順序 No. 15~27), 禮堂 – 登記櫃枱

高中組比賽 - 09:30 ~ 12:55
報到時間及地點
09:00-09:10 (出場順序 No. 1~16), 匯智樓 2 號演講廳 – 登記櫃枱
10:20-10:30 (出場順序 No. 17~32), 匯智樓 2 號演講廳 – 登記櫃枱

初中組比賽 - 14:30 ~ 17:35
報到時間及地點
14:00-14:10 (出場順序 No. 1~18), 匯智樓 2 號演講廳 – 登記櫃枱
15:10-15:20 (出場順序 No. 19~35), 匯智樓 2 號演講廳 – 登記櫃枱

獲獎名單將於 **2026 年 11 月 6 日(星期五)**在英語演講大賽官網公佈。

本年演講比賽的頒獎典禮將於 **2026 年 11 月 18 日(星期三)** 17:30 至 18:30 在澳門理工大學禮堂舉行。誠摯邀請所有參賽者出席。

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Schedule

Date: Saturday, October 24th, 2026
Venue: The Auditorium and Lecture Theatre 1 (Wui Chi Building) of Macao Polytechnic University

The Contest of the Higher Education Category - 09:30 ~ 11:00
Registration Time and Place:
09:00~09:10, Auditorium - Reception Counter

The Contest of the Lower Primary School Category - 11:20 ~ 12:40
Registration Time and Place:
10:50-11:00 (Sequence of Appearance No. 1~11), Auditorium - Reception Counter
11:20-11:30 (Sequence of Appearance No. 12~22), Auditorium - Reception Counter

The Contest of the Upper Primary School Category - 14:30 ~ 16:30
Registration Time and Place:
14:00-14:10 (Sequence of Appearance No. 1~14), Auditorium - Reception Counter
14:40-14:50 (Sequence of Appearance No. 15~27), Auditorium - Reception Counter

The Contest of the Senior High School Category - 09:30 ~ 12:55
Registration Time and Place:
09:00-09:10 (Sequence of Appearance No. 1~16), Lecture Theatre 2 (Wui Chi Building) - Reception Counter
10:20-10:30 (Sequence of Appearance No. 17~32), Lecture Theatre 2 (Wui Chi Building)- Reception Counter

The Contest of the Junior High School Category - 14:30 ~ 17:35
Registration Time and Place:
14:00-14:10 (Sequence of Appearance No. 1~18), Lecture Theatre 2 (Wui Chi Building) - Reception Counter
15:10-15:20 (Sequence of Appearance No. 19~35), Lecture Theatre 2 (Wui Chi Building)- Reception Counter

The preliminary results will be announced on the Speech Contest website on **Friday 6th November 2026**.

The Award Ceremony for this year's Speech Contest will be held on **Wednesday 18th November 2026**, from 17:30 to 18:30 at the MPU Auditorium. All contestants are warmly invited to the Award Ceremony.

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比賽名單(初小組)
Contestants (Lower Primary School Category)

出場順序* Order of Appearance	參賽編號 Contestant No.	中文名 Chinese Name	外文名 Name in Portuguese or English
1	LP0019	陳晞桐	CHAN HEI TONG
2	LP0002	陳允玥	CHAN WAN YUET RILEY
3	LP0013	陳欣榮	CHEN XINRONG
4	LP0016	張芷綾	CHEUNG CHI LING
5	LP0005	蔡呈壕	CHOI CHENG HOU
6	LP0006	蘇以諾	GAO SOARES AURORA
7	LP0010	洪芷瓏	HONG CHI LENG
8	LP0011	洪梓婷	HONG CHI TENG
9	LP0020	黃逸塵	HUANG IAT CHAN
10	LP0004	郭家妤	KWOK KA U
11	LP0008	林律希	LAM LOT HEI
12	LP0007	劉凱琳	LAO HOI LAM
13	LP0003	羅允熙	LAW WAN HEI

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比賽名單(初小組)
Contestants (Lower Primary School Category)

出場順序* Order of Appearance	參賽編號 Contestant No.	中文名 Chinese Name	外文名 Name in Portuguese or English
14	LP0009	李晉亨	LEI CHON HANG
15	LP0022	李君洋	LEI KUAN IEONG
16	LP0001	麥芊月	MAI CHIN UT
17	LP0018	麥靖彤	MAK CHENG TONG
18	LP0015	伍芷妤	NG CHI U
19	LP0021	伍彥栩	NG IN HOI
20	LP0014	潘榆凱	PUN U HOI
21	LP0017		SALAMERA SOPHIA MIRA EBOL
22	LP0012	蕭一樾	SIO IAT UT

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The sequence of the contestants follows the alphabetical order of their surname

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比賽名單(高小組)
Contestants (Upper Primary School Category)

出場順序* Order of Appearance	參賽編號 Contestant No.	中文名 Chinese Name	外文名 Name in Portuguese or English
1	UP0007	陳博涵	CHAN POK HAM
2	UP0028	陳宇澤	CHAN U CHAK
3	UP0002	曾語禧	CHANG U HEI
4	UP0010	張進	CHEONG CHON
5	UP0016	張嫣妮	CHEONG IN NEI ILENA
6	UP0020	錢雋	CHIN CHUN
7	UP0003	崔凱峻	CHOI HOI CHON
8	UP0014	崔雅茹	CHOI NGA U
9	UP0008	馮賀晴	FUNG HO CHENG EMMA
10	UP0023	馮諾希	FUNG NOK HEI
11	UP0017	郭芷攸	KUOK ADRIANA GISELA SOUSA
12	UP0013	林姿羽	LAM CHI U GINNY
13	UP0021	劉熙浩	LAO HEI HOU
14	UP0005	梁浚銘	LEONG CHON MENG

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比賽名單(高小組)
Contestants (Upper Primary School Category)

出場順序* Order of Appearance	參賽編號 Contestant No.	中文名 Chinese Name	外文名 Name in Portuguese or English
15	UP0004	梁凱嵐	LEONG HOI LAM
16	UP0027	勞敬軒	LOU KING HIN
17	UP0018	馬靖倫	MA CHENG LON
18	UP0019	吳卓娜	NG CHEOK NA
19	UP0022	吳芷欣	NG CHI IAN AKIA
20	UP0026	吳梓睿	NG CHI IOI
21	UP0015	伍柏濠	NG PAK HOU
22	UP0001	蕭敏銳	SIO MAN IOI DEONDRE
23	UP0009	孫靖珩	SUN CHING HANG
24	UP0024	杜栢然	TO PAK YIN
25	UP0006	謝樂欣	TSE LOK IAN
26	UP0012	余善君	U SIN KUAN
27	UP0011	楊惠苅	YANG WAI I

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比賽名單(初中組)
Contestants (Junior High School Category)

出場順序* Order of Appearance	參賽編號 Contestant No.	中文名 Chinese Name	外文名 Name in Portuguese or English
1	JH0021	鄭靖琳	BRANCO CHENG CELIA
2	JH0003	陳紫嫣	CHAN CHI IN
3	JH0030	陳幸朗	CHAN HANG LONG
4	JH0016	陳雪晴	CHAN SUT CHENG
5	JH0035	周嘉韻	CHAO KA WAN
6	JH0013	卓皓揚	CHEOK HOU IEONG
7	JH0032	施樂儀	DA SILVA SANTOS SELMA JOSEFINA
8	JH0017		DHAMALA KHUSHI
9	JH0027	莎曼娜	DIZON SAMANTHA ALTHEA QUINTINO
10	JH0023	馮梓尤	FONG CHI IAO
11	JH0015	洪晞	HONG HEI HEIDI
12	JH0002	孔心妍	HONG SAM IN
13	JH0012	黃浩軒	HUANG HOU HIN

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比賽名單(初中組)
Contestants (Junior High School Category)

出場順序* Order of Appearance	參賽編號 Contestant No.	中文名 Chinese Name	外文名 Name in Portuguese or English
14	JH0020	葛姿	KOT CHI
15	JH0022	郭梓軒	KUOK ALBERTO GABRIEL SOUSA
16	JH0009	鄺泳蓉	KUONG WENG IONG
17	JH0018	郭詠琪	KWOK WENG KEI
18	JH0008	林雅淇	LAM CARRIE
19	JH0031	李芷喬	LEI CHI KIO
20	JH0001	李梓朗	LEI CHI LONG
21	JH0024	呂漢璟	LUI HON KENG
22	JH0033	麥嘉曦	MAK KA HEI
23	JH0025	吳芷瑩	NG CHI IENG
24	JH0006	牛明格	NIU MING KAK MAGGIE
25	JH0026	賈炎喬	PINTO CARDOSO SERENA
26	JH0036	潘俊澔	PUN CHON HOU

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比賽名單(初中組)
Contestants (Junior High School Category)

出場順序* Order of Appearance	參賽編號 Contestant No.	中文名 Chinese Name	外文名 Name in Portuguese or English
27	JH0010	蘇俊僖	SO CHON HEI JASPER
28	JH0007	談一言	TAM IAT IN
29	JH0005	董倩兒	TONG SIN I
30	JH0028	陶希玥	TOU HEI UT
31	JH0029	余願	U UN
32	JH0034	黃以蕾	WONG I LOI
33	JH0004	黃錦暉	WONG KAM FAI
34	JH0019	吳雅雯	WU NGA MAN
35	JH0011	鍾嘉盈	ZHONG KA IENG

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比賽名單(高中組)
Contestants (Senior High School Category)

出場順序* Order of Appearance	參賽編號 Contestant No.	中文名 Chinese Name	外文名 Name in Portuguese or English
1	SH0002	歐嘉瑜	AO KA U
2	SH0019		BAUTISTA JEWEL KAYLLE SALAZAR
3	SH0024	蔡嘉嘉	CAI KA KA
4	SH0018	周子謙	CHAO CHI HIM
5	SH0012	張梓謙	CHEONG CHI HIM TRAVIS
6	SH0013	張子瀅	CHEONG CHI IENG
7	SH0033	徐瑜澤	CHUI U CHAK CHERYL
8	SH0023		GRILO BOTELHO DE OLIVEIRA GOMES CAROLINA
9	SH0001	洪旭升	HONG IOK SENG
10	SH0034	甘芷翹	KAM CHI KIO
11	SH0004	簡柏彥	KAN PAK IN
12	SH0011	高梓榣	KOU CHI IO
13	SH0028	黎焯熹	LAI CHEOK HEI

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比賽名單(高中組)
Contestants (Senior High School Category)

出場順序* Order of Appearance	參賽編號 Contestant No.	中文名 Chinese Name	外文名 Name in Portuguese or English
14	SH0029	李紫澄	LEI CHI CHENG
15	SH0020	梁靖琳	LEONG CHENG LAM
16	SH0014	呂汶莉	LOI MAN LEI
17	SH0031	程紫芸	MAHMOOD SABRINA
18	SH0007	吳文迪	NG MAN TEK
19	SH0009	吳天穎	NG TIN WENG
20	SH0026	彭彥澄	PANG IN CHENG
21	SH0022	施曼莎	SI MAN SA
22	SH0025	蘇嘉誠	SOU KA SENG
23	SH0005	孫睿恩	SUN IOI IAN SOPHIA
24	SH0017		TORDECILLAS ALISTER
25	SH0015	袁梓軒	UN CHI HIN
26	SH0030	韋天佑	VAI TIN YAO CAYDEN

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比賽名單(高中組)
Contestants (Senior High School Category)

出場順序* Order of Appearance	參賽編號 Contestant No.	中文名 Chinese Name	外文名 Name in Portuguese or English
27	SH0032	黃皓然	WONG HOU IN
28	SH0021	黃爾翹	WONG I KIO
29	SH0006	黃若藍	WONG IEOK LAM
30	SH0010	黃敏晴	WONG MAN CHENG
31	SH0027	黃雪琳	WONG SUT LAM
32	SH0008	周佳妮	ZHOU KELLY

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比賽名單(高校組)
Contestants (Higher Education Category)

出場順序* Order of Appearance	中文名 Chinese Name	外文名 Name in Portuguese or English
1	陳昀萱	CHAN WAN HUN
2	陈悦	CHEN YUE
3	鄭本尤	CHENG PUN IAO
4	蔡朗珵	CHOI LONG CHENG
5	洪雨菡	HONG YUHAN
6	邵子芸	SHAO ZIYUN
7	黃柏基	WONG PAK KEI
8	張毅成	ZHANG YICHENG
9	鍾聖瀛	ZHONG SHENG YING CARTER

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